



GARD Newsletter

GARD County Activities – Portugal



History: With the coordination of *Dr. José Rosado Pinto*, the GARD initiator in Portugal, GARD Portugal was launched in Estoril on 20 October 2007 at the presence of Francisco George, National Health Director



(representing the Ministry of Health), with the participation of Dr. Jean Bousquet, GARD Chairperson, Dr. Álvaro Cruz, WHO, Dr. Nikolai Khaltsev, GARD Adviser, national coordinators of asthma and COPD programs and more than 30 professional health societies and patients associations, health governmental departments, nongovernmental organizations, universities, pharmaceutical and industry representatives. Representatives of Portuguese speaking countries, such as Cape Verde and Mozambique, were also present.

Milestones:

- Received official recognition by the Ministry of Health (Direcção Geral de Saúde)
- Gain support from SPAIC (Portuguese Society of Allergology and Clinical Immunology)
- Established new National Programme on Chronic Respiratory Diseases based on GARD strategy

Portuguese Society of Allergy and Clinical Immunology (SPAIC,

<https://www.spaic.pt>):

- SPAIC was founded in 10th July 1950
- It is the largest national scientific association that brings together medical specialists, researchers and technicians dedicated to the study of allergy, asthma and immunology, and organizes a wide range of training and development programs in these areas
- SPAIC conducts research on asthma, allergic rhinitis and other chronic respiratory diseases; participates in raising awareness about asthma and other allergic diseases

Recent Activities:

- Cartoon put together with other respiratory societies, released on World Asthma Day 2018 (https://www.youtube.com/watch?time_continue=7&v=XRC7YtKFja4)
- SPAIC owns the Portuguese Aerobiology Network and coordinates the pollen newsletter (<https://www.rpaerobiologia.com>). SPAIC participates in Local Organizing Committee of the EAACI annual congress in 1-5 June 2019 in Lisbon

Allergy screening to the general population



Second asthma-run organized by SPAIC, during the annual congress October 2017



GARD Events:

Global Respiratory Summit in Paris, France

Global Allergy & Asthma Patient Platform (GAAPP) co-hosted with COPD Global for the Global Respiratory Summit right before ERS in Paris, France on September 13th. The summit included presentations from leading global experts focusing on awareness, education, and policy. During the working group sessions, there was agreement to align key messaging for world respiratory awareness days, as well as updating our messaging globally to acknowledge asthma as a spectrum of disease.

<http://gaapp.org/asthma/>



GARD Symposium at the Brazilian Congress on Allergy & Immunology, Recife, Brazil, 20-23 Oct 2018



Moderator: **Marilyn Valentin Rostan, Dirceu Solé**

Asthma Guides: **Edgardo Jares**

Developing strategies to improve attention to asthma in schools: **Marilyn Urrutia-Pereira**

Control of asthma in disadvantaged populations: **Alvaro Cruz**



Alergia e Imunologia na Era da Medicina de Precisão

20 a 23 de Outubro | 2018 | Recife | PE
Sheraton Reserva do Paiva Hotel & Convention Center

GARD Publications (<http://gard-breathefreely.org/publications/>; last 5 months, June to October 2018) IN JOURNAL OF THORACIC DISEASE-GARD SECTION (<http://jtd.amegroups.com/>):

- Teresa To, Alvaro A. Cruz, Giovanni Viegi, Rachel McGihon, Nikolai Khaltsev, Arzu Yorgancioglu, Paulo A. Camargos, Stefania La Grutta, Carlos E. Baena-Cagnani, Tari Haahtela, Nils E. Billo, Dean E. Schraufngael, Jean Bousquet. A strategy for measuring health outcomes and evaluating impacts of interventions on asthma and COPD—common chronic respiratory diseases in Global Alliance against Chronic Respiratory Diseases (GARD) countries. *J Thorac Dis* 2018;10(8):5170-5177.
- Filip Raciborski, Bolesław Samoliński, Edyta Krzych-Fałta, Aleksandra Grąbczewska, Filip Furman, Michał Bieszczad, Paweł Morkisz, Patrycja Witkowska, Jean Bousquet, Mariusz Gujski. The nationwide program of allergic disease prevention as an implementation of GARD guidelines in Poland. *J Thorac Dis* 2018; 10(9):5595-5604.

OTHER RELEVANT PUBLICATIONS BY GARD COLLEAGUES:

(To download these publications, go to <http://gard-breathefreely.org/publications/>; last 5 months, June to October 2018)

- Balli Fabio. Game Jams to Co-Create Respiratory Health Games Prototypes as Participatory Research Methodology. Forum: *Qualitative Social Research* 2018. <http://dx.doi.org/10.17169/fqs-19.3.2734>
- Balli Fabio. Developing Digital Games to Address Airway Clearance Therapy in Children With Cystic Fibrosis: Participatory Design Process. *JMIR Serious Games* 2018. <http://dx.doi.org/10.2196/games.8964>
- Gómez RM, González-Díaz SN, Urrutia-Pereira M, Valentín-Rostan M, Yáñez A, Jares E, Cruz Á, Calderón M, Bousquet J; Sociedad Latinoamericana de Alergia, Asma e Inmunología; Global Alliance against Chronic Respiratory Disease. [2017 Brussels Agreement for Latin America: an initiative of the GARD and Slaai]. *Rev Alerg Mex.* 2018 Jul-Sep;65(3):137-141 (Spanish).

Upcoming Relevant Conferences & Events

INTERNATIONAL CONFERENCES:

- 7-8 November 2018 - **Global Congress on Asthma, Allergy and Immunology**, Singapore
- Feb 27-28 2019 - **10th Annual Congress on Pulmonology & Respiratory Medicine**, Paris, France

NATIONAL CONGRESSES:

- 31 October- 3 November 2018 - The 25th National Congress of the **Romanian Society of Pneumology**: The lung and the air quality: a new frontier, Poiana Brasov, Romania

EVENTS: *14 November 2018 - World COPD Day*



<https://gard-breathefreely.org/>



@GARDbreathe



GARDbreathefreely

To submit items for the upcoming newsletter or to subscribe: Contact the GARD Newsletter Editors: Drs Teresa To (teresa.to@sickkids.ca) & Stefania La Grutta (lagrutta@ibim.cnr.it)

GARD Executives: Nikolai Khaltaev (Chair), Arzu Yorgancioglu (Vice-Chair), Jean Bousquet, Alvaro Cruz, Peter Hellings, Dean E. Schraufnagel, Teresa To, Cherian Varghese

GARD Planning Committee (in alphabetical order of last name): Eric Bateman, Siobhan Brophy, Niels Chavannes, Alvaro Cruz, Bilun Gemicioglu, Peter Hellings, Ali Ben Kheder, Hironori Sagara, Boleslaw Samolinski, Jaime Correia de Sousa, Rafael Stelmach, Arunas Valiulis, Giovanni Viegi, Tonya A. Winders

GARD Advisor: Nils Billo