GARD County Activities – Romania

History: GARD program was initiated in Romania in 2008 by Dr Florin Mihaltan. The Romanian Society of Pneumology (https://www.srp.ro) and the Romanian Society of Allergology are GARD members.

5-Year Action Plan:
- Increase the adherence to treatment of patients with CRDs
- Continue tobacco control activities with Ministry of Health and Chamber of Deputies
- Update the National guidelines for asthma and COPD
- Plan advocacy activities to increase contribution to Universal Health Coverage
- Conduct research activities in regards to national prevalence of CRDs
- Increase the diagnosis and monitoring of CRDs comorbidities

Outreach Activities Involving Patients, Families and Health Care Professionals:

Advocacy - aim to increase contribution to health coverage
Communication - launch media campaigns
Research & Education - provide online easy-to-understand materials for patients & families
Workshops & Conferences – Experts to combat air pollution
Programmes - Promote asthma management on World Asthma Day

For more information on GARD Romania, contact GARD Romania National Coordinators: Dr. Florin Mihaltan (mihaltan@starnets.ro); Dr. Ruxandra Ulmeanu (r_ulmeanu@yahoo.com) and Dr. Roxana Maria Nemes (roxa.nemes@gmail.com)
We Welcome to GARD - Breathing Games
(https://www.breathinggames.net/en)

Breathing Games

Like oxygen, play is all around us, yet gets mostly unnoticed until it is missing. S. Brown

Breathing Games encourages everyone to take care of respiratory health through play. We collectively create self-care games and sensors that can be reproduced and adapted by local communities.

Games transform healthcare into fun and rewarding experiences while simultaneously tackling prevention and adherence. Open source sensors can ease the access to spirometry in low-resource areas, and the mapping of respiratory health around the globe.

Join our open science community, build on the work realized collectively in Canada, France, Switzerland!

Activities on World Lung Day

- On September 25, respiratory organizations from around the world celebrated World Lung Day (WLD). WLD provides an opportunity for us all to unite and advocate for better respiratory health and air quality globally.

WE SUPPORT World Lung Day

Reducing tobacco consumption.
Controlling unhealthy air.
Strengthening immunisation programmes.

We believe that everyone has the right to breathe clean air and we ask lawmakers to enact and ensure clean air standards in all countries.

Pneumonia is the leading cause of death in the very young and very old.

4 million deaths annually.

Vaccinations are essential for the control and elimination of many childhood respiratory diseases.

1.6 million people die from lung cancer each year, making it the most deadly cancer.

2.5 million non-smokers died from health problems caused by exposure to second-hand smoke.

Lung cancer is largely preventable through tobacco control.

To improve the level of knowledge of primary care physicians in the care of patients with respiratory diseases, a program was developed for WORLD LUNG DAY. This mission was led by Prof. Marilyn Urrutia Pereira, with primary care physicians and nurses in the city of URUGUAIANA, RS, BRAZIL on World Lung Day and in partnership primary care physicians and nurses, health secretariat, children's asthma prevention program (PIPA), Federal University of Pampa, GARD BRAZIL.
GARD Publications (http://gard-breathefreely.org/publications/; last 5 months, May to September 2018)
IN JOURNAL OF THORACIC DISEASE-GARD SECTION (http://jtd.amegroups.com):


OTHER RELEVANT PUBLICATIONS BY GARD COLLEAGUES:
(To download these publications, go to http://gard-breathefreely.org/publications/; last 5 months, May to September 2018)


- **Balli Fabio.** Game Jams to Co-Create Respiratory Health Games Prototypes as Participatory Research Methodology. Forum: *Qualitative Social Research 2018.* http://dx.doi.org/10.17169/fqs-19.3.2734

- **Balli Fabio.** Developing Digital Games to Address Airway Clearance Therapy in Children With Cystic Fibrosis: Participatory Design Process. *JMIR Serious Games 2018.* http://dx.doi.org/10.2196/games.8964

Upcoming Relevant Conferences & Events
INTERNATIONAL CONFERENCES:
- October 6 - 10, 2018 - CHEST Annual Meeting 2018, San Antonio, TX, UNITED STATES

NATIONAL CONGRESSES:
- 20 October - 23 October 2018 - 45th Congress of Allergy and Immunology of Brazil (ASBAI), Recife, Brazil
- 31 October- 3 November 2018 - The 25th National Congress of the Romanian Society of Pneumology: The lung and the air quality: a new frontier, Poiana Brasov, Romania

EVENTS: 14 November 2018 - World COPD Day

Use the following links to view posters and PowerPoint presentations of the GARD 12TH Annual Meeting, Helsinki, Finland.

- **Posters:** https://gard-breathefreely.org/resources-poster2018/
- **PowerPoints:** https://gard-breathefreely.org/ppt2018/

GARD Executives: Nikolai Khaltaev (Chair), Arzu Yorgancıoğlu (Vice-Chair), Jean Bousquet, Alvaro Cruz, Peter Hellings, Dean E. Schraufnagel, Teresa To, Cherian Varghese

GARD Planning Committee (in alphabetical order of last name): Eric Bateman, Niels Chavannes, Alvaro Cruz, Bilun Gemicioglu, Peter Hellings, Ali Ben Kheder, Hironori Sagara, Boleslaw Samolinski, Jaime Correa de Sousa, Rafael Stelmach, Arunas Vaiulis, Giovanni Viegi, Kristine Whorlow, Tonya A. Winders

GARD Advisor: Nils Billo

To submit items for the upcoming newsletter or to subscribe: Contact the GARD Newsletter Editors: Drs Teresa To (teresa.to@sickkids.ca) & Stefania La Grutta (lagrutta@ibim.cnr.it)